# GENERAL INFORMATION

**Six-day retreats**
*Opening day*: registration from 5 pm. Supper: 6 pm. Opening session: 7 pm. *Sunday:* Departure after 1 pm lunch. Bookings deposit €100 (non-refundable). Balance payable prior to arrival.

**Weekend and one-day events**: See the individual event for times and cost. Full payment in advance is required to secure a place.

**Gift vouchers** available. Bank transfer available online. Paypal. Please contact the Secretary for details. Card payment facility 404 8189. Times for telephone payment: 10.30am—1.30pm, Monday to Friday.

**School retreats** take place from Sept. to May. We welcome students from 6th class up to Leaving Certificate. The Facilitators have a variety of youth work backgrounds, and some have completed the 'Shekina' course in Maynooth for youth ministry. All are Garda vetted and have completed safeguarding training. Through reflection, discussion, meditation, etc., we hope to nurture faith and hope in our young people. Note that the numbers are limited to 70 students per day.

*Secondary Schools:* 10am—2.30pm. Cost: €20.00 per person includes refreshments at breaks. Students can bring a packed lunch, or we can provide homemade soup for €3 per student.

*Primary schools:* 10am—1.30 pm. Cost: €12.50 per student (incl. fruit juice and biscuits at break).

**THE CENTRE** is equipped with sound-system, free wi-fi, flip-charts, data projectors, projection screens, CD players, etc. Free parking at rear of Retreat Centre for participants. Extensive gardens with ancient trees, long walks, and a Labyrinth. Giftshop: books; also a range of gifts: pottery, wood-carvings, photo-cards—all made in this Centre; also candles, incense, etc.

**HOW TO GET HERE:** From the terminus of the **Luas** (Red Line), a 10—15 minute walk. If you are travelling **by bus** from the city, the most convenient numbers are the 65 from College Green, and the 27 or 77A from Dame St. If you are travelling **by car**, leave the M50 at junction 11. Take the N81 towards 'Tallaght and Blessington'. Turn right at the first small roundabout, and left at the next. Continue for about a mile, passing Lidl on your left. Go straight through a set of traffic lights and after about 100 metres take the first right. After another 100 metres you will see the entrance on your left.

If you need further directions on how to get here ring us, or ask us to email or post them to you. **Eircode** D24 KA40 will take you to our door when entered into a smartphone.

## *ENQUIRIES*

**The Secretary**
**Dominican Retreat Centre**
**Tallaght Village, D24 KA40**
**Tel: (01) 404 8189 / 404 8123**
**dominicanretreats@gmail.com**
**www.goodnews.ie**

# Dominican Retreat Centre

## Tallaght Village
## Dublin 24

## EVENTS 2026

## Dear friends....

Welcome to the **90th season** of retreats and programmes at the Dominican Retreat Centre, Tallaght. In this brochure you see a representative list of events for 2026. It is a pleasure to open our doors to so many people who are seeking depth and peace in these stormy times. The waves may rise up about us, but the Lord is in the boat.
A retreat is a time to hear him say, "Why are you fearful?" (Mt 8:26) We invite you to come here to rest, to stay overnight, to pray, to meditate, and to reflect in an atmosphere of tranquillity.

### THE CENTRE

We welcome individuals, as well as large and small groups. Retreats and events are open to people of all faiths and denominations. There is an open hospitable atmosphere for workshops, seminars, conferences or gatherings. We are especially keen to welcome groups and organisations involved in community building and working for a better world.

This year we welcome a new member to our staff: **Fr Joseph Ralph OP**, who has been engaged for many years in the *Lectio Divina* mission in Newry. Since his return to Ireland from Trinidad he has been actively promoting *Lectio Divina* as a way of nourishing faith, growing in discipleship, and building community.

Another new development in the coming year will be a series of **online courses**, including *Lectio online.* Keep an eye on our website for these: www.goodnews.ie

The building is set in the centre of Tallaght Village, 12 km from Dublin city centre. We have one large and four smaller conference rooms. The large conference room can hold up to 100 people; the smaller ones about 20 each. Other rooms are available for one-to-one sessions or small group meetings. Parking is free for all participants. We can cater for 30 people on a residential basis. There is a lift to all floors.

### THE GARDENS

The large 18th-century walled garden is one of the favourite haunts in the retreat house grounds. It retains many features from its historic past: the layout of the paths, Maelruan's Tree, Friars' Walk, and almost 30 species of trees. There is also the Lime Garden, with its six giant lime trees, and a labyrinth at its centre.

### YOU ARE WELCOME!

Whether you are coming for the first time or returning for another retreat we look forward to welcoming you!

Donagh O'Shea OP, *Director*
Anita Kenny, *Assistant director,*
and the entire staff.

## Weekly Events

**Sundays**

***SRF Dublin Meditation Circle*** (087 273 3438/ 087 804 9007)
9.45am—12pm

**Mondays**

***'Grow' Mental Health Organisation*** (Grow info. Line: 1890 474 474)
7.00pm—9.00pm

**Tuesdays**

***Circle Dancing*** (Joanne, 086 897 2191)
2.00pm—4.00pm
For further information contact Joanne Grogan
joannegrogan@gmail.com

**Wednesdays**

***John Main Christian Meditation*** (Niall, 085 760 9500)
8.00pm—9.00pm

**Zen Meditation on Zoom:** Contact: greyheronzendo@gmail.com
*Mondays* 7.50am—8.30am; *Tuesdays* 7.50am—8.30am;
*Wednesdays* 7.30pm—8.45; *Thursdays* 7.50am—8.30am;
*Fridays* 7.50am—8.30am.

## Ongoing Events

**Lectio Divina**

***Open Sessions of Lectio Divina,*** with **Joseph Ralph, OP**
First Sat. of each month, 11am—12.30pm, from 1st February. Open to all
*Tea/coffee available.*
Contact: lectiomission@gmail.com

***Lectio formation for Facilitators/Servers***
Sat. 21 February, 10am—4pm

***Lectio Divina Day Retreats*** with **Joseph Ralph OP**
(Sundays) 1 March, 24 May, 20 Sept. 29 Nov. 10am—4pm
€15 per person, incl. soup & rolls, tea/coffee

***Lectio Divina on-line***
Six Thursdays of Lent, 7.30pm, beginning 19 Feb. Registration essential

***Parish Retreat Days*** available on request

**Taizé prayer**

***Taizé prayer around the Cross***
First Thurs. of each month, 7.30pm

***Monthly Zen meditation***

**Miriam Healy** Roshi and **Mary McGrane** Sensei

**10 Jan., 7 Feb., 18 Apr., 9 May, 12 Sept., 10 Oct., 7 Dec.** 8.45am—1pm

*€20, incl. tea/coffee*

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***NVN residential group*** Private booking

**9—11 Jan.**

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***School Retreats***

**22 Jan, 11 Feb, 26 Feb, 4 Mar, 12 Mar, 19 Mar, 17 Apr, 30 Apr….**

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***Irish Family Systems*** Private booking

**7—8 Feb.**

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***National Youth Council*** Private booking

**28 Feb.—1 Mar.**

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***Spring Zen Weekend Retreat***

**6—8 Mar.**

**Miriam Healy** Roshi, and **Mary McGrane** Sensei

*€180 residential (limited places), €80 non-residential*

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***Go down to the Potter's House***

**Donagh O'Shea OP**

**14 March** 10am—4pm

Working with clay is a very effective way of learning how to meditate. Simple work with clay (no previous experience of pottery necessary) will alternate with sessions of meditation to make a very useful and enjoyable experience. Instruction on meditation is offered.

*€70 incl. lunch Places limited; advance booking*

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***Easter Triduum retreat***

**Donagh O'Shea OP**

**1-4 Apr.**

Entering the sacred journey of Holy Week, this retreat invites us to walk with Christ through suffering, death, and resurrection—through prayer, Scripture, silence, and reflection. Come rest, listen, and be renewed as we prepare our hearts for Easter. The Holy Week ceremonies will be celebrated with the Dominican Community in the Priory Church

*€300 residential, €180 non-residential, €65 one-day attendees (Thurs, Fri. only; includes lunch)*

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***Good Friday Taizé Prayer around the Cross***

**Joseph Ralph OP**

**3 Apr.** 7.30—8.30pm

For more information: lectiomission@gmail.com

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***Seeds of Hope, Hints of Resurrection***

**Jessie Rogers**

**19—25 July**

"Behold, I am making all things new!" (Rev. 21:5). This retreat will draw on Scripture to reflect on the life-giving work of the Spirit in our own lives and in the world.

*€580 residential; €375 non-residential*

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***The Spirit of Truth: a retreat with the Gospel according to John***

**Kieran O'Mahony OSA**

**8—14 Aug.**

This retreat will be a combination of praying with Scripture (lectio divina), meditation, Eucharist, and time alone. Selected reading from John's gospel will be used for the Liturgy and lectio.

*€580 residential; €375 non-residential*

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***Woman at the Well***

**Donna Worthington**

**15 August** 10am—4pm

We will explore the intriguing story in chapter 4 of John's gospel, which helps to illuminate our inner soul journey, and offers an invitation to walk to the Well, to Christ the one who restores us. The day will include a short theatre piece, presentation, discussion, imaginative guided prayer, etc.

*€70, including lunch, tea/coffee breaks*

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***Repairing our image of God***

**Donagh O'Shea OP**

**22—28 Aug.**

—with help from Julian of Norwich. "God endlessly delights in us," she wrote. "God is our clothing, who wraps and enfolds us for love, embraces us and shelters us, surrounds us for love, which is so tender that it will never desert us."

*€580 residential; €375 non-residential*

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***Go down to the Potter's House***

**Donagh O'Shea OP**

**12 Sept.** (see 14 Mar.)

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***How to read the Letters of St Paul***

**Kieran O'Mahony OSA**

**2, 9, 16, 23 Sept.** *[details later]*

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***Christ and Creation: Understanding the World through the Word***

**Sean Goan**

**9—11 Oct.**

Seeing Jesus not simply in his earthly life but as Christ the eternal Word through whom all things came to be. A weekend to focus on reading the Scriptures to shed light on the mystery of Creation in Christ and what it means for us today.

*€250 Residential; €120 non-residential*

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***Mindfulness for Christmas***

**Teresa Larkin**

**28 Nov.** 10.00am—3.00pm *€65, including lunch*

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***Private Residential group***

**9—12 Apr.**

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***Mindfulness: Self-Kindness in Difficult Times.***

**Teresa Larkin**

**18 April** 10am—3pm

In this workshop we will explore how we can meet stress and fear with a compassionate presence. We will use meditation, poetry, music, etc. for when we feel critical towards ourselves and others.

*€65 incl. lunch. Advance booking essential*

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***Private Residential booking***

**9—10 May**

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***Outdoor Meditation***

**Donagh O'Shea OP**

**16 May** 10am—3pm

The 18th-century garden (see the Introduction to this leaflet) will be the venue for outdoor meditation sessions. The garden has an abundance of wildlife, and a great variety of trees, including the famous 'Maelruan's tree', with its spread of over 5,000 sq. metres. For many people this is a favourite place for meditation. There is an adjoining outdoor cloister, and a coffee room. The day will be structured according to the needs of the group.

*€55 including lunch in the Retreat Centre, tea/coffee breaks*

[We are planning ongoing Saturday morning sessions in the garden, which we will call 'Rooted in Stillness'. These will run from 10am—12.30pm. Keep an eye on our website for developments.]

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***Gospel Choir workshop*** Private residential booking

**27—31 May**

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***Jesus the Healer***

**Donagh O'Shea OP**

**13—19 June**

Jesus is our Healer; he does not promise to cure all of our ills, but he heals us in every way that we can be healed. We in turn, by his grace, have the power to help heal our tormented world.

*Cost: residential €580; non-res. €375*

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***Newry Lectio Community*** Day retreat, 27 June

**Joseph Ralph OP**

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***Summer Zen sesshin***

**Miriam Healy** Roshi, **Mary McGrane** Sensei, **Mary Laheen** Sensei

**3—8 July**

*€620 residential; €350 non-residential*

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***Lectio Winter Retreat***

**Joseph Ralph OP**

**29 Nov.** 10am—4pm

For further information: lectiomission@gmail.com

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***Zen Winter sesshin***

**Miriam Healy** Roshi and **Mary McGrane** Sensei

**4—6 Dec.**

*€180 residential (limited places); €80 non-residential*

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***Advent Retreat***

**Donagh O'Shea OP**

**11-13 Dec.**

"A Child is born to us, a Son is given to us." A few days of peace before the busy time leading up to Christmas. Or if f you would like to spend just one day, you are equally welcome.

*€250 residential; €120 non-res.; €65 per day (Fri., Sat. only)*

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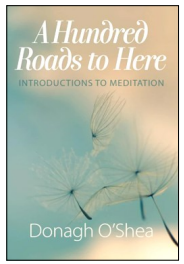
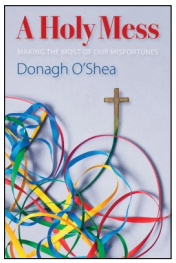
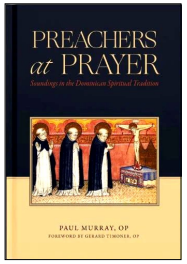
## Bookshop

We keep a stock of relevant religious books and CDs; also a range of gift objects: Priory Crafts (see below), candles, incense, rosaries, etc.



## Priory Crafts

You can buy a variety of craft objects made in the Retreat Centre:

**Priory Pottery**: hand-thrown ivory earthenware: vases, jars, mugs, night-light holders, sconces, etc.

**Woodcraft:** signs, plaques, images, texts, coasters, etc. Items made to order. Carved with CNC router.

**Photo-cards:** a wide variety of photos, 7"x 5", mounted on card, with appropriate verses or quotation inside.

**Tallaght crosses:** carved with CNC, in wood or PVC, 19 cm. Or 3D printed, 6 cm.